Abbreviations

First letter capitalized:

February   Wednesday  August     Honorable

First letter lowercase:

in.       asst.       exec.       hr.       ft.
inches    assistant    executive    hours     feet

Most abbreviations end with a period.

February   Wednesday  attorney    Honorable

Some abbreviations can be written with or without periods.

mph        km          lb          cm
m.p.h.     km.         lb.         cm.
miles per hour    kilometer    pound    centimeter